



CAMP HOSANNA SUMMER 2022 MENU

June				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

July				
				1
X	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

August				
1	2	3	4	5
8	9	10	11	12

YELLOW= WEEKS 1,3,5,7,9,11 PINK= WEEKS 2,4,6,8,10 BREAKFAST SNACK AND AFTERNOON SNACK PROVIDED LUNCH OPTIONAL PURCHASE PRICE \$3.25				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONTINENTAL BREAKFAST MEATBALL SUB, COOKED BROCCOLI, FRUIT** YOGURT PARFAIT, WATER	PANCAKES, FRUIT**, MILK GRILLED CHICKEN BREAST SANDWICH, SWEET POTATO CHIPS, FRUIT** PRETZELS WITH CHEESE, WATER	CONTINENTAL BREAKFAST NACHO BAR MEAT, BEANS, LETTUCE, CHEESE, TOMATOES, TORTILLAS OR CHIPS, FRUIT** APPLE SLICES WITH DIP, WATER OR MILK	WHOLE WHEAT WAFFLES, EGGS, FRUIT** DELI SANDWICH—TURKEY, HAM, OR CHEESE, VEGGIE*, FRUIT** POPCORN, WATER OR MILK	CONTINENTAL BREAKFAST DELIVERY PIZZA, VEGGIE*, FRUIT** BANANA SLICES WITH GREEK YOGURT DIP, WATER
CONTINENTAL BREAKFAST EGG PATTY, FRENCH TOAST, VEGGIES, FRUIT** APPLE SLICES WITH DIP, WATER OR MILK	WHOLE WHEAT WAFFLES AND EGGS GRILLED CHICKEN WRAP WITH SHREDDED CHEESE AND MIXED GREENS, SWEET POTATO CHIPS, FRUIT** WHOLE GRAIN CRACKERS AND CHEESE CUBES, WATER	CONTINENTAL BREAKFAST WALKING TACOS WITH LETTUCE, TOMATO, AND GUACAMOLE, VEGGIE*, FRUIT** FROZEN YOGURT TUBES, WATER	PUMPKIN CHOCOLATE CHIP MUFFINS, MILK DELI SANDWICH—TURKEY, HAM, OR CHEESE, RAW BROCCOLI WITH DIP, FRUIT** GOLDFISH, MILK	CONTINENTAL BREAKFAST DELIVERY PIZZA, VEGGIE*, FRUIT** MISS LEE'S SPECIAL SNACK, WATER OR MILK

OVER 80% OF THE GRAINS SERVED WILL BE WHOLE GRAIN

*VEGGIE : CHOICE OF SIDE SALAD, CHERRY TOMATOES, CELERY STICKS, CARROTS WITH RANCH

**FRUIT:: ROTATION BETWEEN SEASONAL FRESH FRUIT, APPLE SLICES, AND ORANGES

CONTINENTAL BREAKFAST WILL OFFER A VARIETY OF COLD CEREALS, SINGLE SERVE GREEK OR REGULAR YOGURT, BAGELS WITH CREAM CHEESE, WHOLE WHEAT TOAST, SLICED ORANGES, BANANAS, AND OTHER SEASONAL FRUIT.

* WE ARE A PEANUT AND NUT FREE CENTER*